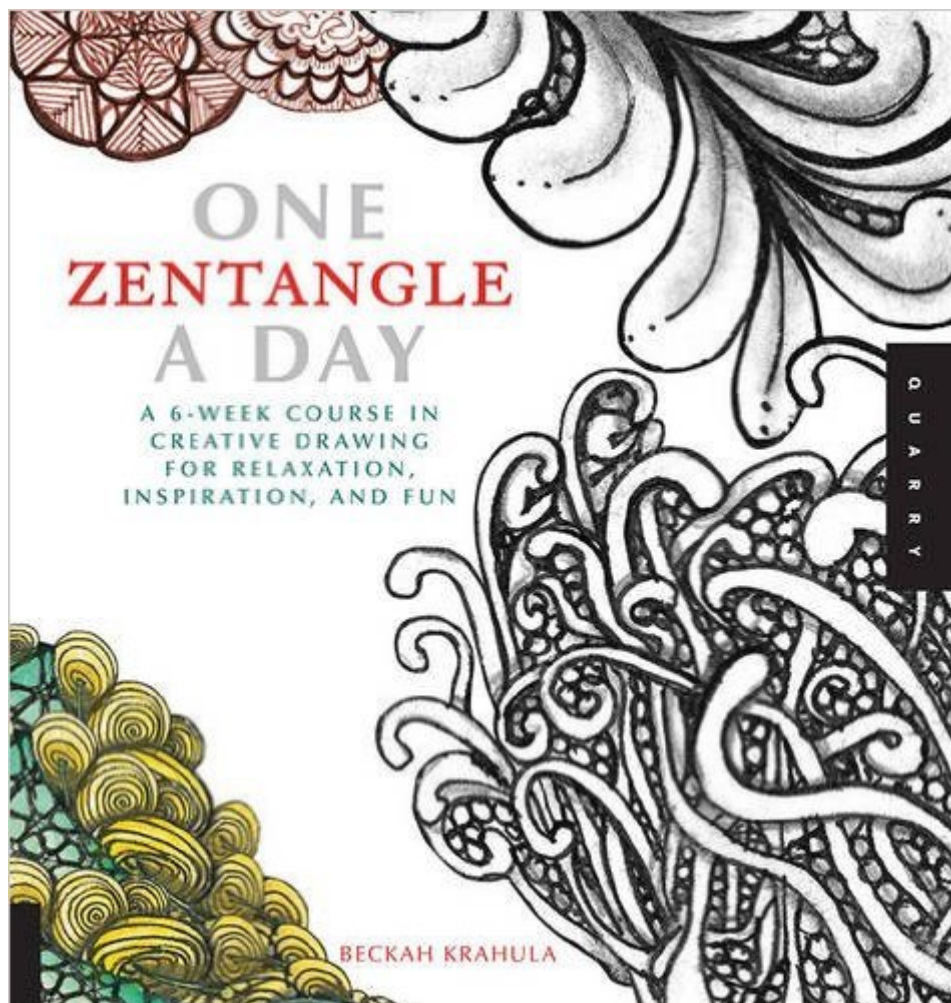


The book was found

# One Zentangle A Day: A 6-Week Course In Creative Drawing For Relaxation, Inspiration, And Fun (One A Day)



## Synopsis

One Zentangle A Day is a beautiful interactive book teaching the principles of Zentangles as well as offering fun, related drawing exercises. Zentangles are a new trend in the drawing and paper arts world. The concept was started by Rick Roberts and Maria Thomas as a way to practice focus and meditation through drawing, by using repetitive lines, marks, circles, and shapes. Each mark is called a "tangle," and you combine various tangles into patterns to create "tiles" or small square drawings. This step-by-step book is divided into 6 chapters, each with 7 daily exercises. Each exercise includes new tangles to draw in sketchbooks or on tiepolo (an Italian-made paper), teaches daily tile design, and offers tips on related art principles, and contains an inspirational "ZIA" (Zentangle Inspired Art) project on a tile that incorporates patterns, art principals, and new techniques.

## Book Information

Series: One A Day

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Average Customer Review: 4.6 out of 5 stars See all reviews (812 customer reviews)

Best Sellers Rank: #4,574 in Books (See Top 100 in Books) #2 in Books > Arts & Photography > Other Media > Mixed Media #100 in Books > Arts & Photography > Drawing #731 in Books > Self-Help

## Customer Reviews

I bought this book because I wanted a more organized approach to learning basic tangles than I had taken, which was to find a tangle I liked in the books I have (both of Bartholomew's, Time to Tangle with Color, and one more) and learn it. I also wanted some help on learning to use tangles so they overlap, interweave, and do all the cool things I see in many examples. This book has been somewhat helpful, but could have been far better with a bit of judicious editing. I have been following Krahula's daily regimen, and am indeed learning--and liking--tangles I had skipped over before. Her introduction has the best and most informative list of materials for tangling that I've seen. There are

clear descriptions of the different kinds of pens, pencils, watercolors, papers, and so on. The daily schedule includes introductions to enhancements to tangles, shading, changes to tangles, working on dark and brightly colored paper, and more. She has thoughts about what makes an interesting Zentangle and tries to communicate them through examples of her own work, that of guest artists, and suggestions. I really wanted this part a lot. Unfortunately, her command of written English is poor enough that in several places I really didn't understand what she was trying to explain, including her suggestions for interesting Zentangles. In others, I was merely annoyed: she uses "transcend" when she means "transition" and calls established rules about what is a Zentangle "historic' or "traditional", which is a bit pretentious for an art less than ten years old.

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